

Musical Menu 3

Theme – Colours



Greeting/ Starter – Make Good Friends

Warm-ups – Choose 2 or 3

- Physical – Paint pots or Circles
- Breath – Surprised birthday cake
- Vowels – Rainbow slides
- Vocal Stretch – Somewhere over the Rainbow
- Articulation – William Tell (different coloured flowers eg. Daffodil, Roses Red, Iris Blue)

Songs

Choose 2 or 3 contrasting Colour-themed songs from our resource catalogue:

1. Land of the Silver Birch
2. Blue Moon
3. Greensleeves
4. Somewhere over the Rainbow

(Top tip – use visual aids/ photos/ props/ to introduce the theme before/after and between the songs. Leave space for discussions and ideas from participants and staff)

Greeting/ Ender – Goodbye, goodbye to you